



1-2-3 Magic

Effective Discipline for Children 2-12

presented by

MU Center for Evidence-Based Youth Mental Health

A humorous look at parenting, a serious look at discipline.

In this presentation, you'll learn how *1-2-3 Magic* breaks down the task of parenting into three straightforward jobs:

- Job #1 Controlling Obnoxious Behavior:** Learn an amazingly simple technique to get the kids to STOP doing what you don't want them to do (whining, arguing, tantrums, sibling rivalry, etc.).
- Job #2 Encouraging Good Behavior:** Learn several effective methods to get your kids to START doing what you do want them to do (picking up, eating, going to bed—and staying there!, chores, etc.).
- Job #3 Strengthening Your Relationships:** Learn powerful techniques that reinforce the bond between you and your children.

****Now including new parenting strategies for COVID-19****

Who: Boone County parents of children ages 2-12

When: Wednesdays 6-8 PM for 4 weeks in March
(March 3rd-March 24th)

Where: Group will be delivered via telehealth (Zoom)

How: Call 573-882-4677 and ask for the parenting group or complete this confidential referral link: [https://](https://showmeportal.missouri.edu/redcap/surveys/?s=YWRPHAMTC8)

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FREE for parents of children with Medicaid, just \$10/week for others

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