**Comprehensive Guides to Inclusive Teaching**

*Mizzou’s Teaching 4 Learning Center*  
Explore a variety of anti-racist pedagogy resources.  
[https://tlc.missouri.edu/anti-racist-pedagogy-resources/](https://tlc.missouri.edu/anti-racist-pedagogy-resources/)

*Columbia University’s “Guide for Inclusive Teaching at Columbia”*  
Explanation of five inclusive teaching principles with feasible strategies to implement in the classroom.  

*Association of College and University Educators: Inclusive Teaching Practices Toolkit*  
Ten practices to create learning environments in which all students, including those from underrepresented groups, feel they belong and can succeed.  
[https://acue.org/inclusive-teaching-practices-toolkit/#sec1](https://acue.org/inclusive-teaching-practices-toolkit/#sec1)

*Inside Higher Ed’s 5 Principles for Inclusive Teaching*  
Five sets of teaching strategies for inclusive classroom climate, setting student expectation, diversifying course content, designing accessible course elements, and maximizing self-awareness and commitment to inclusion.  
[https://www.insidehighered.com/advice/2020/02/19/practical-steps-toward-more-inclusive-teaching-opinion](https://www.insidehighered.com/advice/2020/02/19/practical-steps-toward-more-inclusive-teaching-opinion)

**Explore Specific Topics Related to Inclusive Teaching Practices**

**How can I make the structure of my course more inclusive?**

- Start with your syllabus.  
  - Include a diversity statement on your syllabus.  
  - Use inclusive language on your syllabus.  
  - Learn about decolonizing your syllabus.  
  - Consider a low-stakes syllabus quiz or other quick activity to ensure your students have read and understood the syllabus.

- Make the content of your course accessible to students of all backgrounds and abilities (e.g., providing captions for videos).  
  - Explore Mizzou’s recommendations for making presentations, videos, emails, etc. more accessible to students.
- **Learn how to use Universal Design for Learning in your classroom to lower barriers to learning.**
- **Consider using open educational resources.**

- Implement teaching strategies that support an equitable learning environment.
  - **Design a learning environment that promotes engagement for all students in your course.**
  - **Communicate to students that they belong in your class and set them up for success by structuring your course with clear expectations.**

**How can I create an inclusive class environment?**

- Use inclusive language in your teaching and communications with students.
  - **Learn about inclusive language fundamentals.**
  - **Shift your language to be more gender inclusive.**

- Learn and use students’ names and pronouns.
  - **Strategies for learning and remembering students' names.**
  - **Tips for learning and using personal pronouns.** *(Note. Instructors would not want to insist that students share their pronouns.)*
  - **Pronounce your students' names correctly.**

- Get to know your students.
  - **Make office hours or "student hours" more inclusive.**
  - **Begin your course with student introductions.**
  - **Use an online survey to learn about your students.**

- Promote a civil and safe learning environment.
  - **Set expectations for etiquette, especially in online communication.**
  - **Effectively address microaggressions that occur in the classroom.**
  - **Implement principles for a safe learning environment.**
  - **Set up ground rules for discussing controversial topics.**

**What can I do to improve representation of diverse scholars and experiences in the materials I teach?**

- Use images and examples that reflect a diverse society.
  - **Tips for incorporating diverse images and examples.**
  - **Links to free and diverse image collections.**

- Examine whether diverse scholars are represented in the materials you teach.
  - **Explore this collaborative spreadsheet of BIPOC-authored psychology papers and incorporate relevant papers into your course.**
- Familiarize yourself with inequities in psychological research.

- Familiarize yourself with relevant theories and frameworks.
  - Intersectionality: Considering Intersections of Identities and Power Dynamics within Social Structures
  - Antiracist Pedagogy: Counteract Racism and Promote Social Justice
  - Applying Critical Race Theory to Psychological Science

As an instructor, how can I recognize and address my own biases?

- Listen to the experiences of student of color in higher education and reflect on how your behaviors may have contributed to them.
  - Read about perceptions of faculty behavior by students of color.
  - Follow the #BlackAtMizzou hashtag on Twitter and listen to the experiences of Black students at Mizzou.

- Learn about implicit bias and privilege.
  - Explore your own implicit biases.
  - Become aware of your own privilege.

- Reflect on the ways your behaviors or practices as an instructor perpetuate systems of oppression and/or do harm to underrepresented students.
  - Learn about the characteristics of white supremacy culture and the suggested antidotes.
  - Recognize racist behaviors and know how to intervene.

When a highly publicized and traumatic event occurs, how can I best address the event and support my students?

- Guides on addressing trauma in the classroom:
  - Harvard Teaching and Learning Lab: Here is direct link: https://tll.gse.harvard.edu/teaching-racial
  - Helping Students Thrive in Times of Trauma
  - Teaching in Turbulent Times Toolkit