

May 5, 2015

Greetings,

Thanks to funding and support from the Boone County Children's Services Fund and the University of Missouri, we are pleased to announce the development of several exciting new services for Boone County youth, their families, and those dedicated mental health providers who serve them! **Please see our new website at:** <http://youthmentalhealth.missouri.edu>.

These new services support the goals of the Boone County Children's Services Board to increase capacity among service providers to offer **affordable, evidence-based mental health care** to Boone County youth and families. These services also promote the MU Psychological Services Clinic's commitment to clinical training, research, and service that benefit all citizens and improve the quality of life in our community.

First, the MU Psychological Services Clinic is excited to announce **expansion of our existing evidence-based assessment and outpatient treatment to children and families**. This will allow us to significantly shorten the historically lengthy waiting periods that families often face when seeking services. You can contact the clinic directly at **573-882-4677** to schedule appointments for assessment and therapy services.

Second, as part of our **new Center for Evidence-Based Youth Mental Health**, we are excited to announce that the following services are being launched in spring 2015:

- Free Training in Evidence-Based Practices (EBPs) for Youth Mental Health Providers, including:
 - Exposure-Based CBT for Anxiety
 - Behavioral Activation and CBT for Depression
 - Behavioral Parent Training for Conduct Problems
- Weekly Consultation for MH Providers in the use of Youth EBPs
- Confidential Client Outcome Tracking for Youth MH Providers
- Private Session-by-Session Feedback for Youth MH Providers
- Youth Mental Health Screening, Diagnosis and Treatment Recommendations
- Up-To-Date Referral Network of Trained Youth MH Providers
- Help connecting Youth and Families in need with Youth MH Providers

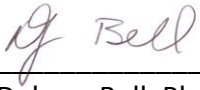
To schedule client appointments, please call us at **573-882-4677**. For more information about upcoming provider trainings, consultation, or if you are interested in becoming part of our referral network, please call us at **573-882-4007** or email hawleyk@missouri.edu. You can also visit our website at <http://psychology.missouri.edu/clinic> to learn more.

We look forward to working with you!

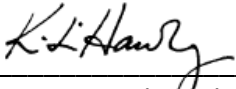
Supported by:



Sincerely,



Debora Bell, Ph.D., Executive Director, MU Psychological Services Clinic



Kristin Hawley, Ph.D., Co-Director, MU Center for Evidence-Based Youth Mental Health



Erika Waller, Ph.D., Co-Director, MU Center for Evidence-Based Youth Mental Health

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